

ART INSTRUCTION

Private Art Teacher
2008 – present

Artist Educator, *Summer Art Studio, Gallery Stratford*
2022

Artist Educator, *Gallery Stratford*
2012 – 2016

Art Teacher, *Jade Wellness Studio, Sault Ste. Marie, ON*
2011 & 2014

Art Teacher, *Lello Art School and Gallery, Toronto, ON*
2005 – 2010

Artist Educator, *Learning Through the Arts, The Royal
Conservatory of Music, Toronto*
2005 – 2006

YOGA INSTRUCTION

Private Yoga Teacher
2010 – present

Yoga Teacher, *The Yoga Collective, Stratford, ON*
2012 – present

Yoga Teacher, *Brand New Beat summer camp, Stratford, ON*
2017

Yoga Teacher, *Jade Wellness Studio, Sault Ste. Marie, ON*
2011

Yoga Teacher, *Way To Be Wellness, Sault Ste. Marie, ON*
2011

Yoga Teacher, *Indian Friendship Centre, Sault Ste. Marie, ON*
2011

Yoga Teacher, *Yoga Therapy Toronto, ON*
2010

AVON MAITLAND DISTRICT SCHOOL BOARD

Occasional Teacher, K - Gr. 6 | 2015 – present

EDUCATION

Bachelor of Education | 2012
Lakehead University, Thunder Bay, ON

Yoga Teacher Certification & Additional Restorative and Yin Training | 2010
Yoga Therapy Toronto, ON

Artist Educator Professional Development Workshops | 2005 & 2006
Learning Through the Arts, The Royal Conservatory of Music, Toronto, ON

Bachelor of Fine Arts, Spec. Hons Visual Art | 1999
York University, Toronto, ON